

Administrative Offices

4041 N Central Ave, #1400 • Phoenix, Arizona 85012
Phone: (602) 506-6767 • Fax: (602) 372-8935

WeArePublicHealth.org

[Twitter.com/Maricopahealth](https://twitter.com/Maricopahealth)

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Date: _____

Dear Staff/Faculty Member:

The Maricopa County Department of Public Health (MCDPH) has learned that you were in close contact with someone who has tested positive for COVID-19 and was infectious while last at _____ on _____.

COVID-19 is still spreading in Maricopa County, especially among those who are not vaccinated.

Per the Centers for Disease Control and Prevention (CDC), Arizona Department of Health Services (ADHS), and MCDPH, close contacts are people who were within 6 feet of a person with COVID-19 while infectious for a cumulative total of 15 minutes or more over a 24-hour period, regardless of whether masks were worn. [Exception: in the K-12 setting, a **student** who was within 3-6 feet of an infected student is not considered a close contact if **both students** were engaged in consistent and correct use of well-fitting masks at all times. This exception does not apply to teachers, staff, or other adults in the classroom setting.]

This exposure does not mean that you have COVID-19 or will necessarily get COVID-19. **Per MCDPH, and in accordance with CDC and ADHS guidance, close contacts who are not up to date on their COVID-19 vaccinations or have not had a documented positive test for COVID-19 in the last 90 days should quarantine (stay) at home for up to 10 days.** If you are a staff member or an educator who is considered to be an essential worker (as designated by the school), you can continue to work during quarantine as long as you do not have any [symptoms](#) and you wear a highly protective mask or respirator at all times when around others.

If you are in quarantine, you should stay home except to work, if you are considered an essential worker. If you do not develop **any [symptoms consistent with COVID-19](#)**, you may end quarantine after 5 full days following your last exposure as long as you can correctly and consistently wear a well-fitting mask when around others until 10 days following your last exposure. If you cannot wear a mask, you should quarantine for 10 days following your last exposure, however, you may end quarantine early after 7 full days if you receive a negative COVID-19 test between days 5-7 following your last exposure and you remain asymptomatic. Please see [Maricopa County's Quarantine Guidance](#) for more detailed information.

High risk household members - If you are concerned about people living in your home who may be at higher risk for serious complications from COVID-19, Public Health recommends you quarantine away from these persons as much as possible for the duration of the quarantine period.

If you develops symptoms - If you experience any [symptoms consistent with COVID-19](#), you are to stay home and be tested for COVID-19. If you test positive for COVID-19 by PCR or antigen test, you must follow

[Maricopa County's Isolation Guidance](#), which states people infected with COVID-19 are to isolate, regardless of vaccination status. **Testing locations can be found by calling 2-1-1.**

For questions related to COVID-19, please call (602)506-6767 or visit www.Maricopa.gov/Covid19. You can also visit CDC's webpages for [When You've Been Fully Vaccinated](#) and [COVID-19 Prevention in K-12 Schools](#).

For additional questions related to your exposure, please contact your school.

Thank you for your patience during this challenging time.

Sincerely,



Marcy Flanagan, DBA, MPH, MA
Executive Director



Rebecca Sunenshine, MD, FIDSA
Medical Director